



Psychiatric Mental Health Nurse Practitioner

- Conducted live interactive initial psychiatric testing, evaluations, and medication management via telehealth technologies
- Stayed up to date with current telehealth issues and legislation
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities
- Monitored effectiveness of interventions
- Collaborated with interdisciplinary staff to develop and implement treatment plans for patients
- Exercised effective judgment and medical training when handling psychiatric emergencies

May 2021- September 2021 Cerebral

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April 2019- August 2021 Boston VA Healthcare System

Boston, MA

Addictions Nurse Practitioner Drug Dependence Treatment Center (DDTC)

- Admission Assessments including H&Ps
- Ordering/Addressing admission lab work and diagnostic tests
- Medication reconciliation
- Methadone Induction and Titration
- Consulting with specialty medical clinics
- Triaging clinic emergencies
- Provide ongoing psychiatric care to a caseload of patients enrolled in the OTP
- Formulation of patient treatment plans
- Liaison to Primary Care and Psychiatric Providers
- Ordering and interpretation of EKGs
- Ordering PPD testing, hepatitis vaccines, flu vaccines
- Provision of medical education around methadone prescribing for VA Boston / Boston University medical students and psychiatry residents and fellows training in DDTC
- Quality assurance monitoring of viral hepatitis assessment and referrals to support Joint Commission accreditation standards
- Clinical supervision of RNs and LPN in DDTC, MH injection clinic, and Opioid Rapid Access Clinic (ORACL)
- Supervision of operations for MH injection clinic
- Developed and implemented nursing policies and procedures for DDTC, MH injection clinic, and ORACL
- Managed nursing schedules to ensure cross coverage across 3 clinics
- Designed and implemented quality improvement initiatives
- Ensured all federal guidelines, regulations, and standards for OTPs were followed

Aug 2017- March 2019 VA Healthcare System

Cleveland & Boston

Psychiatric Nurse Practitioner



- Function semi-independently to preform age-appropriate history and physical for complex acute and chronically mentally ill patients
- Provided treatment for existing and emergency mental health conditions
- Ordered and interpreted diagnostic tests relative to patient's age-specific needs
- Collaborated with interdisciplinary staff to develop and implement treatment plans for patients with broad range of mental health issues
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities
- Monitored effectiveness of interventions
- Preceptor for NP/PA students
- Exercised effective judgment and medical training when handling psychiatric emergencies
- Assessed educational needs of the patient and family members considering cultural issues and other special concerns. Provided teaching and education material as appropriate.
- Validates and documents patient and family understanding of teaching.
- Conducted live and interactive initial psychiatric testing and evaluations and medication management via telehealth technologies
- Worked in coordination with the on-site telehealth facilitator as a virtual member of the interdisciplinary team assigned to the facility
- Stayed up to date with current telehealth issues and legislation

Teaching Experience

May 2022- August 2024 Adjunct Faculty
Regis College Online PMHNP Program

July 2018- May2023 Adjunct Faculty
Addiction Didactics – VA Boston/Boston College PMHNP Residency Program

March 2022- September 2022 Adjunct Clinical Faculty
Baldwin Wallace University

Military Service

Oct. 2002- Oct. 2008 United States Army Reserve 706th Transportation Co Mansfield, Oh
Iraq 2004-2005

88M Senior Vehicle Operator/ Assistant Squad Leader

- Responsible for maintenance and accountability of vehicles
- Operated assigned vehicle over varied terrain in support of combat operations
- Supervised individual and squad level training
- Assisted Platoon Sergeant in planning, coordinating, and supervising all activities that the squad was assigned to accomplish the mission.

Honorable Discharge

Rank: E-5 SGT

Certificates & Awards

2 Army Achievement Medals 2004, 2005

Global War on Terrorism

National Defense Service Medal

Specialized Training

Combat Lifesaver Training



Professional Memberships

American Psychiatric Nurses Association
National League for Nursing
National Organization of Nurse Practitioner Faculties

Presentations/Research/ Committees

Zychowicz, M., Belizaire, S., Campbell, J., Richard-Eaglin, A., Gibson, M., Moore, M., Wilkinson, S. (2023). Primary Care of Veterans. In Dunphy, L., Winland-Brown, J., Porter, B., Thomas, D. (Eds), Primary Care: The Art and Science of Advanced Practice Nursing – An Interprofessional Approach (6th ed.). Philadelphia, PA: F.A. Davis.

Federal Women's Program Committee- 2020-2021

Research Study Associate for: Predictors of Referral to Treatment for OEF- OIF Veterans with Alcohol Misuse in Boston Veteran Healthcare Administration with Dr. Chang and Marianne Pugatch, PHDc 2017-2021